

SURRENDERED

Healing is an art form

FOREWORD BY
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Acknowledgments

This book is written to all those people who are embracing the art of surrender one step at a time.

Foreword

Academic and emotional intelligence together create a hot and cold mixture that models the process of convection. Both spinning and dancing around one another when caught in the middle, clarity is presented in a unique fashion to the learner. In this metaphor, this tornado is the gripping conviction that Katina R. Horton has brought to my life as her first student.

Having been homeschooled by my mother from third grade through high school, her didactic teachings are what have centered me as a young man. As she's begun to write her testimony, her mentorship exceeded her. I only saw this to be a snowball effect that was inevitable. She has a story and that's what has held her identity to her actions and to her spiritually. Her story continues to impact those around her, as she has taken her own trials, tribulations, downfalls and have turned them into a living, breathing help to those needing comfort and reconciliation.

The hot and cold mixture I spoke of is her accomplishments, but also what has always been instilled within her. Even though she has acquired a Master's Degree in IT and has the ability to be analytical about problem solving and tiny moving parts, what she has always had is creativity in the arts. From writing, singing, dancing, and acting, she has pulled from both poles of herself to thoroughly and precisely study, dissect, and understand the cause and effect of man's spiritual and emotional battles. She comes not from one place, but of many libraries of knowledge to create the artistic and spiritual writing you are about to read.

Through the writing process, I've spoken with her and seen her enter the atmospheric realm that best induces conditions for these kinds of writings. It is only a privilege to say that I've been close to witness and hear of the birth of this book. Certainly, if you let the waves wash over you, you will be cleaned.

-Timothy J. Horton

The Art of Surrender

**How is art surrender
and surrender art?**

**Honey, the story goes
back to the beginning
Right there at the start**

**Adam and Eve
discontented
wanted more
and more
and more**

**Access to everything
Still wanted to open that door**

**Couldn't say
the word
out loud
Couldn't say
they needed
surrender**

**Going there
in their minds
Just like having
a fender bender**

**But Ruth
made it clear
When Naomi said "Go back".
Ruth's feet hit the floor
With persistence**

**Said I'll go where you go
I 'll follow you
I'll not give in
to lack**

**Love your God
Him I will adore**

**It's the art of surrender,
Honey,
What my
soul's been
Fighting
For.**

That Surrendered Love

**Love, yes that's love.
The only thing we can
Go back to
When
Everything else
Fails.
Jesus gave it up
When faced with the agony
And reality
Of the cross
Was wondering if he could
Negotiate
This mountainous task.
But God did not
Allow negotiations.
It was set in stone.
It changed the course of history.
Jesus,
Left to wonder if he
Would drink of the
Cup.
He Surrendered his Own Will
To His Abba's Will.
He Surrendered to the
Love of the Father.
It was the Love of the Son.
And the Love of the Children.
Us.
God's children.
His friends.
His servants.
Love poured out,
Surrendering freedom.**